

Sarah West

WORK EXPERIENCE

Traditional Chinese Medical College of Hawaii

Faculty Member / Clinical Supervisor: 1995 -1996 and 1999 – 2004; 2006, 2008
Taught point location, energetics, and supervised clinic a total of four hour per week.

Assistant Academic Dean: 2001

Hawaii College of Traditional Oriental Medicine (Maui)

Faculty Member 1997

Supervised advanced students in clinical setting

Southwest Acupuncture College 1985 - 1993

Faculty Member / Clinical Supervisor: 1985 - 1993

I Taught point location as well as the energetics and functions of acupuncture points. I also taught a practicum class on clinical diagnosis, and a theory class on zang-fu syndromes.

As a clinical supervisor, responsibilities included observing and assessing the clinical performance of students, and assisting them in diagnosis, point prescription and other clinical skills.

Teaching the above classes included testing, grading, and assessment of each student for each class as well as yearly assessment of student proficiency in oral exams as a step in the process of completing the graduate level program.

Tour Leader for China Program: 1992

Served as a tour guide for students of Southwest Acupuncture College for a training program in China. This took place at the International Training Center of the Academy of Traditional Medicine in Beijing, China during the entire month of June, 1992. Responsibilities included being a spokesperson for the students, facilitating communication between the students and the educators at the institute, and attending classes in acupuncture and herbal medicine, as well as critiquing the program.

Head of Acupuncture Department: 1989 - 1993

In cooperation with the Academic Dean, I coordinated and assessed the acupuncture classes taught at SWAC for their success in educating the students according to the highest standards. I was also instrumental in the hiring and upgrading process of faculty members. My responsibilities included reviewing syllabi for each class as well as teacher evaluations from students at the end of each semester for the purpose of continual refinement of courses taught at the college.

***Member of Board of Directors:* 1988 - 1993**

Participated in instrumental decision making for the school, offering input related to many aspects of running the college. Overseeing operational procedures, including curriculum and faculty development.

Subjects of consideration for the Board include finances, school location, opening branch schools, purchasing of equipment, student recruitment, public relations, legislative issues, and other concerns relating to the school as a successful high quality educational institution.

Eight Northern Indian Pueblos Council: Substance Abuse Program: 1984 – 1993

Utilized Acupuncture in the treatment of drug addiction and alcoholism, for one year at Taos Pueblo and from June 1984 until June 1993 at New Moon Lodge, a halfway house located at San Juan Pueblo, N. M.

Responsibilities included patient assessment and treatment, ordering supplies, individual and group patient education, and maintaining accurate charts for personal records as well as separate charting for the staff at New Moon Lodge.

Note: Please see “Other Work” for additional experience in the field of substance abuse.

PRIVATE PRACTICE:

***Hilo, Hawaii:* 1994- 1996 and 1999 – present**

Owned and operated Hilo Chinese Herbs and Acupuncture as a full time clinic from July 1994 until July 1996. In Oct. 1999, after 2 years of maternity leave, I reestablished a private practice in Hilo under the name of Acupuncturewest.

***East Lansing, Mi.:* 1993 - 1994**

Practiced acupuncture at Meridian Health and Wellness Center with a group of 8 other therapists of various modalities.

***Santa Fe, NM.:* 1987 – 1993**

Private practice as well as part of a multi-faceted alternative clinic which included practitioners of various modalities as well as MD's.

***Rural Areas of New Mexico:* 1982 - 1987**

Practiced in several small communities and clinics including La Clinica del Pueblo de Rio Arriba in Tierra Amarilla, NM , and the towns of Dixon, Bernalillo and Espanola, NM.

Guatemala and Mexico: 1980, 1984, 1985

Practiced in small villages including the local hospital of Centro de Salud in Pochutla, Oaxaca and a clinic in Melaque, Jalisco. In Oaxaca, I utilized acupuncture in surgical and emergency settings, as well as daily patient care in the hospital and training for other hospital personnel. Also traveled to rural areas working with villagers in need of health care.

OTHER WORK:

Other Substance Abuse Experience: 1984, 1985

Acupuncture at methadone de-tox clinics in Espanola and Albuquerque, NM, under a grant from the University of New Mexico in Albuquerque.

State Board Examiner: 1991, 1992, 1993

Served as an examiner for the licensing committee of the Acupuncture Board of New Mexico. Assessed and graded prospective acupuncturists for competence in diagnosis, treatment principles and treatment, point location, clean needle technique, clinical skills, and overall comprehension of Chinese Medicine.

Examiner for National Council (NCCA): 1992, 1993

Served as a trainer and examiner for the standards and practice of clean needle technique for the National Council of Acupuncture Schools and Colleges.

Workshop Leader: 1994

Designed a two day workshop titled "Chinese Medicine for Health and Longevity" for patients and lay people. Introduced the basic theoretical foundation of TCM and it's practical application in relation to principles of lifestyle, diet, magnet therapy, and some patent herbal formulas. Also included Qi Gong, some Taoist meditation techniques, and emphasized the psychodynamics generating various energetic disharmonies.

LICENSURE

New Mexico State Acupuncture Boards: 1982

NCCA: National Acupuncture Certification: 1986

Hawaii State Acupuncture Board: 1994

EDUCATION

Traditional Chinese Medicine (TCM)

Southwest Acupuncture College: Did additional training with other teachers over a period of years in order to eventually complete a masters degree of Oriental Medicine in 1993, totaling more than 2400 hours.

International Training Center for the Academy of Traditional Chinese Medicine in Beijing: A month long intensive program in which we were immersed in hospitals, clinics, and advanced training. 1992

Santa Fe College of Natural Medicine: Chinese Medicine Program: 1981-82

New England School of Acupuncture: 1979

California Acupuncture College: Beginning and Advanced Programs: 1976-78

Acupuncture Intensive: month long training with Dr. Esteban in Eugene Oregon 1974

International Institute of Chinese Medicine: Patent Medicines and many workshops 1991

Southwest Acupuncture College: Materia Medica: Chinese Pharmacopeia: 1987 and 1990

Western Herbology

Santa Fe College of Natural Medicine: Clinical Herbology Program with Michael Moore: 1980-81

Herbology Intensive: 1979 with William LeSassier

Counseling and Psychotherapy

Southwest College of Life Sciences: 1989
Classes in transformational education, counseling and relationships.

Hakomi Method of Psychotherapy: 1987-1993
Attended at least one weekend seminar per year.

Somatic Therapy: weekend seminar 1989

Emergency Medical Technician

Received full training and state certification as an EMT 1983

Other Relevant Education:

Traditional Japanese Acupuncture: 2008
Dermatology with Andrew Ellis: 2007
Ethics for Acupuncturists 4 CEU: 2006
Advanced Topics in Chinese Medicine with Jake Fratkin: 2006
Cosmetic Acupuncture 6 CEU course: 2006
Qi Gong Healing with John Cole: 2006
Treatment of Children with Oriental Medicine: 2004
Standard Process Nutritional Supplements 2 day workshop: 1997
Visceral Manipulation I with Frank Lowen: 1994
Upledger cranial sacral therapy I: 1993, 1994
Microcurrents and Electro-acupuncture: 1993
Neuromuscular Pain Relief Seminar: 1992
NADA: National Acupuncture Detox Association; training 1992
The treatment of musculoskeletal disorders with David Legge: 1992
A TCM Approach to HIV-positive with Angela Shen: 1991
Codependency workshop with Pia Mellody: 1991
Chi Nei Tsang: internal organ Chi massage with Larry Tupper: 1991
"Hands of Light" seminar with Barbara Brennan 1991
"Awakening the Heart" with Stephen and Ondrea Levine: 1990
Workshop on addictions with Jacqueline Small: 1990
Mental and Neurological Disorders with Dr. Huang Ving-Shan: 1990
Immune Deficiency and Skin Disorders with Dr. Huang 1989
Japanese Acupuncture with Kiiko Matsumoto: 1987, 1988, 1990, 1991, 1993
Craniosacral Therapy: Attended 3 weekend seminars: 1986, 1988, 1991
Acupuncture, extra vessels and collaterals with Van Nigh: 1990
Homeopathy course with Robin Murphey: 1989
Cymatic Therapy: 3 week intensive in England on harmonic sound therapy 1988:
Tibetan Medicine: weekend seminar: 1987
Meditation: 1977-present: Various workshops and events involving Vipassna, Tibetan Buddhist, and Taoist meditation practices.
Tai Chi Chuan, Qi Gong: 1976 - present: Studied with various instructors including Master Hua Ching Ni, Kumar Franzis, Ken Cohen, and MacKenzie Stuart. Many hours of training...
Emergency Medical Technician Training and State Certification: 1983
Iridology with Bernard Jensen: 1981
Ayurvedic Medicine with Dr. Svoboda: 1981
Lived and trained for 5 weeks with Taoist Master Ni Hua Ching: 1976
Polarity Therapy: 6 week intensive training: 1978
Acupuncture Intensive, 1 month with Dr. Esteban: 1974